# **National Conference**

on

Interdisciplinary National Conference on Role
Of Physical Education and Other Disciplines in
Enhancing the Performance of a Player &
Fitness for Young and New India

24th Dec. 2018

Organized By,







IQAC Bar. R. D. I. K. & N. K. D. College, Badnera – Amravati

Collaboration with

Art & Science College, Kurha And Physical Education Foundation of India

# Process Of Evaluation In Physical Education And Sports

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#### Abstract

Evaluation of the programme, facilities, equipment and performance must be continuous and regular so as to keep every one alert. No one would like to be evaluated lower than the other(s). It is basically concerned with estimation of the quality and quantity of operations, function and performances, and the factors and forces crucial to the realization of objectives and their effectiveness vis-à-vis inputs in terms of energy, effort and resources.

Keywords: Process, evaluation, physical education and sports.

#### Introduction:

Evaluation is a comprehensive term covering all aspects of physical education – values, philosophy, objectives, programmes, processes, procedures, performance achievements etc. As an important function of managereal system, evaluation encompasses "organization as a whole, the units within it, and the members of the organizations". Closely related to appraisal and a part of controlling, it is a continuous process. Its major aim is to assess the 'effectiveness of the organization' and its functions as well as performance of all individuals under an organization / institution. "checking feasibility of an idea, testing the consequences of a proposed solution, evaluating group performance, helping the group to evaluate its own performance against standards".

### Objective Of The Study:

To know the process and steps of evaluation in physical education and sports.

#### **Purpose Of Evaluation:**

Evaluation serves many purpose in physical education depending on situations and setting in which it is done.

# When undertaken by the physical education and sport teacher, evaluation helps to

- 1) Reveal the extent to which an activity / subject has been learnt by students;
- 2) Find out whether or not learning experiences provided have been conducive in bringing about desirable change in behaviour,
- 3) Spot out strengths and weaknesses in students' personality profile and character;
- 4) Pinpoint drawbacks in the systems of incentives and awards for performance and achievement used in physical education;
- 5) Devise methods of stimulating interest in physical education among students, parents and other teachers;
- Provide better counseling and guidance to the students backward in skill and knowledge and to those aspiring to excel in sport and finally,
- 7) Effect modification and changes in the ethods of teaching, coaching and organizing in the light of experiences.

## When Used By The Administrator, Evaluation Serve The Following Purpose:-

- 1) To determine the degree/extent to which the objectives of the organization, institution or a particular programme are being achieved;
- 2) To assess the worth of the programme in terms of its utility, importance and effectiveness for the community;
- 3) To compare the programme with the recommended standards and / or those set by other institutions;
- 4) To assess teacher-compectency and effectiveness of teaching techniques and methods.
- 5) To spot out strength and weekness of the plans, peogrammes, operations and functions and to suitably modify them;
- 6) To take short-term and long-term measures to correct inadequacies and make up deficiencies in "men and materials" thereby improving the standard of services and programmes.
- 7) To develop "work culture" among teachers, administrative staff and student leaders;
- 8) To introduce innovations in the methodology of teaching, coaching and training;